

# **Dare to Care!**

- a humanitarian concern

Tierpsbyggen, the Municipality of Tierp and the Police work together to highlight violence in close relationships and what we as neighbours and fellow human beings can do to help prevent it.



As a resident in a block of flats, one can hear and see things which will make you react.

We want to urge you to act if you suspect that someone is in harm's way. You don't have to be completely sure that someone is in harm's way, it is enough to suspect that this is the case.

If there is suspicion of ongoing crime or danger, please do not hesitate to contact the **Police 112**.

If you are unsure whether a crime is being committed, you can call our office on 0293-130 25. After office hours, choose option 2 to reach our emergency service. They can contact the police if necessary.

You don't have to reveal your name, but it's important that you act on your gut feeling, **it can save lives!**

There are several actors in society that you can turn to if you, a relative or a neighbour are in need of help or support.

### Important phone numbers

**Polisen:** 112 (akut)



**Polisen:** 114 15 (ej akut)

**Socialtjänsten:** 0293-21 82 01

**Socialjouren:** 018-15 00 00

**Kvinnojouren Liljan:** 0293-100 22

**Tierpsbyggen:** 0293-130 25

*Efter kontorstid: Samma nummer  
+ knappval 2 → fastighetsjour*

In 2021, 19 cases of lethal force were committed in Sweden where the victim and the perpetrator had a partner relationship.

17% of all cases of lethal force in 2021 were in partner relationship.

The majority of violence in intimate relationships are not reported to the police authorities. Only a quarter are reported.

*Source: The Swedish National  
Council for Crime Prevention*

## Dare to Care!

Aims to spread knowledge and awareness about violence in close relationships. We do this by making the initiative visible and through various activities.



The goal of Dare to Care is to make more people aware of violence in close relationships, and to strengthen the attitude and willingness to act if someone is suspected of being exposed to harm. In the long run, it should be something every resident in the municipality recognises.

Our ambition is to involve private landlords, housing associations, property owners and other local actors who want to stand behind the initiative.

Dare to Care is an initiative from Östhammarshem, and Tierpsbyggen has chosen to take part in this work. As more municipalities join the same concept, we hope it will spread even further. Together, we can make a difference.

On tierpsbyggen.se you can read more about the initiative and find out where to turn if you need information, support or help.

**For information in more languages, scan the QR code**



**Physical violence**

Pushes, punches, kicks, strangleholds, attempts at suffocation, blows with tools or weapons.

**Sexual violence**

Unwanted touching, being forced to perform or subjected to sexual acts, rape, witnessing various forms of sexual acts.

**Psychological violence**

Isolation, verbal abuse, emotional blackmail, shaming.

**Material violence**

Material damage- the perpetrator breaks furniture and other objects in the home. The vulnerable person may also be forced to destroy possessions of particular importance themselves. Violence can also be directed at pets.

**Economic violence**

Control of the household's finances, confiscation of someone else's credit card, required to report expenses, being forced to borrow money to avoid violence, being forced to stop working in order to be denied income of their own.

**Latent violence**

Latent violence implies that there is a constant fear or concern of violence. It can be anger or aggressiveness which manifests itself in the perpetrator's posture and body expression, and which creates fear and is perceived as a threat or reminder of previous experiences of violence.

**Negligence**

No help with food, hygiene or medicine, withholding or deliberately destroying important aids, in order to make the victim more dependent on the perpetrator.

A collaboration between



**TIERPS  
KOMMUN**

